

GROUP FITNESS TIMETABLE CHANGES EASTER BREAK

GOOD FRIDAY

8.15am Cycle – Mark
8.30am Aqua - Fleur
9.20am Pump - Tomas
9.20am Reformer - Bridget
9.30am DWR - Fleur
10.35am Hot Yoga – Melissa
12pm Wyser – Belinda

EASTER SATURDAY

8.15am Cycle - Anna
8.30am Aqua - Karen
9.20am Pump - Tomas
9.20am Reformer - Belinda
9.30am DWR - Karen
10.35am Hot Yoga – Melissa
12pm Wyser – Tammy

EASTER SUNDAY

8.15am Cycle - Karen
8.30am Aqua - Bridget
9.20am Pump - Tomas
9.20am Reformer - Hailey
9.30am DWR - Bridget
10.35am Hot Yoga - Echo
12pm Wyser – Hailey

EASTER MONDAY

8.15am Cycle – Julie
8.30am Aqua - Fleur
9.20am Pump - Tomas
9.20am Reformer - Hailey
9.30am DWR - Fleur
10.35am Hot Yoga - Jen
12pm Wyser - Fleur

