

HYDROTHERAPY POOL TIMETABLE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

MORNING CLASSES

6.00	HYDROTHERAPY POOL OPEN	HYDROTHERAPY POOL OPEN	HYDROTHERAPY POOL OPEN	HYDROTHERAPY POOL OPEN	HYDROTHERAPY POOL OPEN		
7.00						HYDROTHERAPY POOL OPEN	HYDROTHERAPY POOL OPEN
8.00							
9.00					PRIVATE BOOKING		
10.30					HYDROTHERAPY POOL OPEN		
11.15							

AFTERNOON CLASSES

12.00	HYDROTHERAPY POOL OPEN	HYDROTHERAPY POOL OPEN	HYDROTHERAPY POOL OPEN	PRIVATE BOOKING	HYDROTHERAPY POOL OPEN	HYDROTHERAPY POOL OPEN	HYDROTHERAPY POOL OPEN
12.45							
1.00		PRIVATE BOOKING		PRIVATE BOOKING			
1.15					GENTLE MOVEMENT		
2.00				PRIVATE BOOKING	HYDROTHERAPY POOL OPEN		
3.00			PRIVATE BOOKING				
3.45			HYDROTHERAPY POOL OPEN				
4.00				HYDROTHERAPY POOL OPEN			
7.00							
7.30							

Updated March 2019